

Trimestral Trends

by BraamVibes

LUXURY . TRAVEL . LIFESTYLE



Teboho Caddy Tsotetsi

The Cultural Catalyst
Turning Airwaves into
Legacy



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Trimestral Trends

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From the Editor

Dear Readers,

My heart swells with profound gratitude for the journey that has brought us to our fourth issue. From those tentative first pages where we dared to dream of capturing South Africa's soul in ink and image to the bold revelations of subsequent editions, each has been a love letter to the quiet revolutions of culture, style, and human spirit that define us. We unveil Teboho Tsotetsi Caddy on our cover, not merely a DJ or broadcaster, but a son of the East Rand whose averted gaze holds the tender weight of boyhood dreams realised, family whispers turned anthems, and a relentless heart beating for legacy. In his story, we see our own: the ache of ambition, the warmth of roots, the glow of becoming.

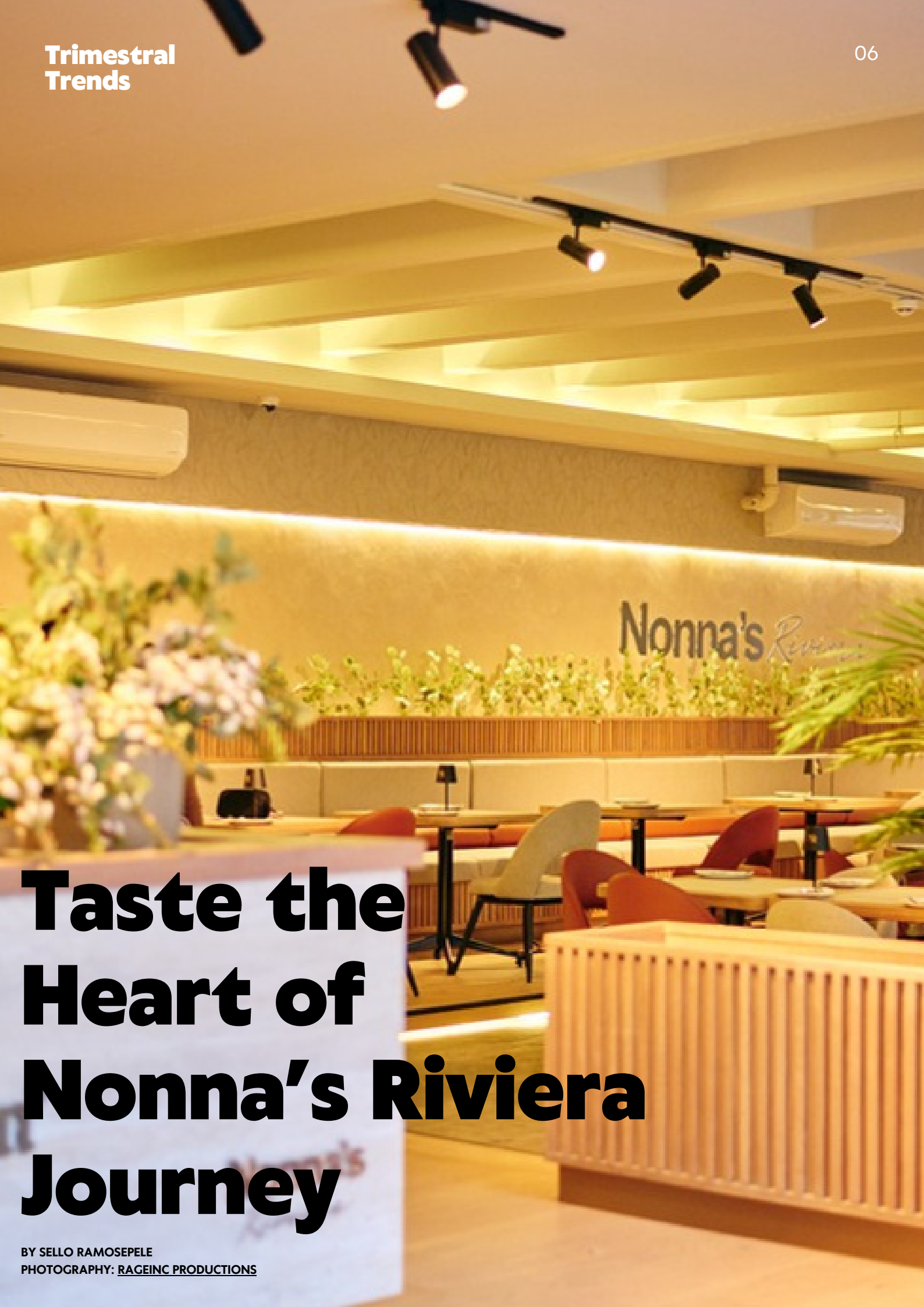
As 2026 dawns like a promise wrapped in possibility, this issue feels like a fireside embrace a reminder that true luxury lies in the stories that stir the soul, the connections that endure beyond trends. To you, our cherished readers, who have walked this path with us: may the year ahead cradle your deepest aspirations, mend what is weary, and illuminate paths lined with joy and quiet triumphs. From my family to yours here is to hearts full, horizons vast, and dreams that dance into tomorrow.

Warmest regards,
Sello Ramosepele
Founding Editor, Trimestral Trends



Spaces

Nonna's Riviera: Italian Soul, African Pulse



Taste the Heart of Nonna's Riviera Journey

BY SELLO RAMOSEPELE
PHOTOGRAPHY: [RAGEINC PRODUCTIONS](#)

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Born from a grandmother's cherished recipes that journeyed from Italy over 50 years ago, Nonna's marks two decades of sharing authentic home-style cooking across South Africa. Inspired by Nonna's generous spirit, her son transformed family favourites into a national treasure, now evolving with the launch of Nonna's Riviera, a 150-seater restaurant, premium lounge, and outdoor shisha haven.

This isn't merely a venue; it's a lifestyle destination where timeless Italian flavours collide with African warmth. Guests savour meticulously crafted dishes alongside exclusive wines, premium whiskies, and expertly mixed cocktails, while the shisha lounge invites lingering under open skies, perfect for simple meals, milestone celebrations, or quiet triumphs.

Nonna's Riviera elevates every visit: long lunches morph into elegant evenings, everyday moments become savoured memories. Rooted in family tradition yet refined for the modern palate, it blends heritage with vibrancy, a welcoming space where Italian authenticity meets contemporary allure.

This is indulgence distilled: a return-worthy refuge offering more than cuisine, but connection and celebration. Buon appetito... Ukonwabele ukutya kwakho!



STORY BY: SELLO RAMOSEPELE
PHOTOGRAPHY BY LESOLE SNAP PRODUCTION

"I'm just a humble soul getting better at life, keeping the main thing the main thing, one beat, one drip, one dream at a time."
— Teboho Tsotetsi (Caddy), Cover Star, Trimestral Trends Issue 4

Teboho Tsotetsi: The Cultural Catalyst Turning Airwaves into Legacy

Imagine Johannesburg at its most alive: twilight streets buzzing with anticipation, basslines thumping from hidden corners, and a voice slicing through the night, effortless, magnetic, profoundly real. That's the essence of Caddy, the alter ego of Teboho Tsotetsi, a figure whose presence ripples across South Africa's youth culture like a perfectly timed drop.

As the Cover Star of Trimestral Trends Issue 4, he poses with a gaze deliberately turned aside, inviting curiosity while embodying the quiet confidence of someone who's mastered the art of evolution.

This isn't just a profile; it's an immersion into a world shaped by East Rand Sundays, YFM breakthroughs, bold aesthetics, and an unquenchable drive that propels him from local legend to global contender. We spent time with Caddy, no facades, no rush, unpacking the layers of a man who turns personal roots into cultural resonance, one consistent step at a time.

In the glittering chaos of Jozi's entertainment circuit, "Caddy" is synonymous with energy and elevation. But strip away the DJ lights and broadcaster polish, and Teboho Tsotetsi reveals himself as profoundly grounded: a humble soul propelled by family ties and an unwavering orientation toward life's fullest potential. "Teboho is just a humble soul who is family-driven and goal-oriented, a person who wants the best out of life," he shares, his tone carrying the weight of someone who's learned to prioritise depth over dazzle.



TEBOHO CADDY TSOTETSI

DJ, broadcaster, and cultural voice

The moniker itself is a family heirloom, gifted by his father with intentional poetry. It symbolises more than a stage name; it stands for "a person who's always willing to help others succeed in their own journeys," a philosophy that permeates Caddy's interactions, from mentoring emerging artists to amplifying voices on air.

At this dynamic crossroads in his career, Tsotetsi distils his self-perception with crystalline clarity: "a person who's just getting better at doing life and keeping the main thing the main thing." In an industry notorious for its shape-shifting demands, this commitment to purposeful refinement isn't just admirable, it's a blueprint for sustainable success, a reminder that true icons evolve without losing their core.



Caddy's story begins in the vibrant, unpretentious sprawl of the East Rand, a landscape where everyday life hummed with lessons that would one day define a cultural powerhouse. Household rhythms were his first soundtrack: Sunday afternoons alive with his grandmother's carefully selected tunes playing softly in the background, interspersed with her meticulous guidance on organising wardrobes by colour, a ritual that instilled not just aesthetic discipline but a profound appreciation for harmony in chaos.

"My grandmother was the person who really impacted me the most, from the Sunday tunes in the background to the way I sort out my wardrobe by colour," Tsoetsi recalls, his voice warming at the memory. These weren't mere habits; they were the scaffolding for Freshbycaddy, his DJ alias that blends soulful curation with visual flair.

Beyond aesthetics, the elders in his life embedded enduring values: "Definitely all the teachings I received from my elders like respect." This respect manifests today as a navigable grace in industry dealings, deferring to wisdom while commanding spaces with authenticity. Musically, Chris Brown emerged as the North Star, a lifelong inspiration whose seamless fusion of rhythm, performance, and style mirrored Caddy's own aspirations: global appeal rooted in personal truth. These East Rand echoes aren't relics; they pulse actively, informing every set, every broadcast, every bold choice that keeps him ahead of the curve.

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For Caddy, YFM isn't a job, it's destiny scripted in high school notebooks. "Only a few people know about this but being a YFM DJ has been a dream come true for me. I used to listen to the station during my high school days and attend all their events, so this was really something that only God knew what He was doing," he confides, the thrill still palpable. YFM, the undisputed forge of South African youth culture, handed him not just a microphone but a megaphone for transformation. Radio's invisible power reshaped his worldview:

"I have grown to see things differently. Radio is also a space where you get to impact others with no visual presentation but words, so it has really made me want to spread peace and love no matter what I am going through."

The platform's heft brings profound duty: "You just need to understand what you do and understand that whatever you do impacts others as well." Yet its deepest teachings unfold off-air, "Show up and stay positive all the time, regardless of what you're going through" a mantra forged in unseen battles. The turning point? That electrifying YFM call: "I think the time I got called in for the YFM job, it felt like a dream come true." From fan to fixture, Caddy now shapes the culture he once idolised, turning airwaves into avenues for upliftment.

South Africa's entertainment whirlwind devours the unrooted, but Caddy thrives by design. "Just stay in my line and keep doing what I have been doing since day one so that I stay grounded and never lose focus," he explains, distilling relevance into radical fidelity to self. Preparation borders on artistry: "Firstly, I must make sure that the drip comes first of course but also to ensure that I know my role and perform everything at my best." Style isn't vanity, it's the spark that ignites mastery, whether priming a radio set, electrifying a gig, or seizing a spotlight moment. This ritualistic approach transforms volatility into velocity, ensuring his authenticity endures as his greatest edge.

Caddy's craft thrives on day one discipline as his anchor against industry dilution. Preparation rituals start with impeccable drip to ignite confidence and elevate role ownership to peak performance across radio, gigs, and spotlights. The YFM call stands as his definitive breakthrough, validating dreams with irrefutable force. A relentless performance ethos ensures consistent delivery in every arena.

Plugged into youth culture's heartbeat, Caddy celebrates South Africa's surge. He notes how social media has forged a distinctive identity: "The culture is finally getting recognised differently now." He champions e-commerce growth, local fashion, and tech innovations as empire-building blocks. He wryly dismisses dance trends as overrated yet embraces unapologetic SA expression. Global influences enrich without uprooting his local tether.



Caddy's style manifesto is "Bright, Bold, Beautiful." He wields fashion as identity armour: "Look good to feel good." He elevates SA visionaries like The Trendsetter From The North, BrokeWear, and Thebe Magugu. His aesthetic evolves fluidly with polished poise in the radio booth, bold flares on stage, subtle heritage brightness daily. All unified by grandma's colour-coded legacy.

Industry demands toll heavily, but Caddy guards his core through intimate connections: "I turn to the people who mean the most to me because they remind me of the important things." This anchor navigates unspoken trials, preserving emotional resilience for the marathon ahead.

True impact trumps fame: inspiring self-evolution so others follow, with legacy as "being celebrated over praised" and consistency as the reward "the game rewards people who are consistent."

This Trimestral Trends cover affirms boyhood dreams unfolding step by step. Ahead: music drops, BYC fashion brand, acting pursuits, and a five-year international brand stamp. Dreamers, heed: "Study the game, bring your best self, be patient." His eternal fuel? "The reason I started everything." Caddy architects waves.



Fast Lanes, Global Itineraries



Heineken®'s F1® alchemy brings world-class racing culture home

By Sarah Maeli

Late November 2025 heralded a pivotal acceleration in Heineken®'s Formula 1® narrative, thrusting the brand into a thrilling new epoch where ferocious speed entwines with far-flung itineraries. As F1® cements its dominance as a global lifestyle phenomenon, Heineken® has orchestrated fan encounters that soar beyond the circuit, fusing adrenaline with discerning travel, culture, and entertainment.

The F1® calendar, fresh from those unforgettable November showdowns, unfurls like an executive's coveted dispatch: Monaco's Riviera sophistication, Singapore's neon-infused nights, Austin's creative fervour, Abu Dhabi's gilded desert enclaves. These locales hosted more than races; they catalysed fluid transitions to rooftop salons, lingering suppers, and evenings of timeless allure. For the cosmopolitan professional, each Grand Prix anchored itineraries alive with curated discovery.

Heineken® distilled global F1® glamour into South Africa's race weekends, unveiling elevated viewing arenas, bespoke sonic experiences, and design-centric havens.

The masterstroke lay in capturing the tracks' intangible essence, not mere imitation, but the surging buzz, shared exhilaration, and global synchronicity, all rekindled on familiar terrain.

In the aftermath of November's electric gatherings and triumphant toasts, as diaries unclutter and travel ambitions sharpen, Heineken® establishes F1® as a perennial lifestyle beacon. It binds those intimate moments to visions of forthcoming seasons, seamlessly linking local locales with cosmopolitan rhythm for Trimestral Trends readers who prize exclusive access and immersive encounters over antiquated pomp.

"Heineken® doesn't chase trends; we forge the moment," affirms Alexander Drake, Head of Heineken® South Africa. "Through F1®, we deliver the world-class experiences fans crave." From November's reverberations, this alliance templates racing's renaissance, flourishing as potently in our gathering spaces as on storied grids, where audacious journeys begin.





DJ Sbu's Power Play: Culture, Capital and the New Blueprint for Aspiration

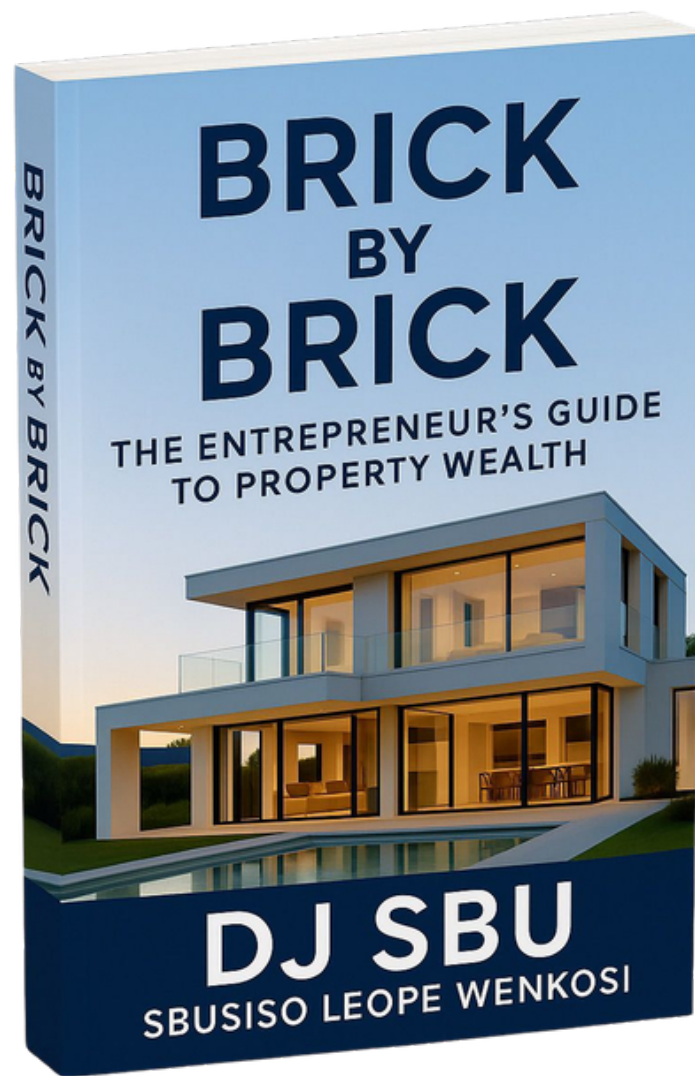
In an era where influence is currency and purpose defines prestige, DJ Sbu (Sibusiso Leope WeNkosi) is making a decisive, multi-dimensional return to centre stage. The legendary South African entrepreneur and cultural tastemaker has unveiled a polished three-pillar initiative that fuses creativity, commerce and social impact; positioning him not just as a brand builder, but as a modern nation-builder with global fluency.

Unveiled in Johannesburg in partnership with VW Barons Woodmead, the launch spans music, property education and automotive collaboration. Each pillar speaking directly to a new generation of upwardly mobile South Africans who value style, substance and legacy in equal measure.

First, the music. After more than a decade away from the studio, DJ Sbu's return under his Powernomics Africa multimedia label is deliberate rather than nostalgic.

This is not a comeback chasing relevance, but an evolved sound rooted in African storytelling with international ambition; reflecting the confidence of an artist who understands both culture and markets. Running parallel is the release of Brick By Brick: The Entrepreneur's Guide to Property Wealth, a sharply practical property development guide informed by Sbu's five-year journey with Ekasi Noble Property Development.

The book positions property not as an elite asset class, but as an accessible pathway to long-term wealth; particularly for young professionals navigating credit constraints and structural barriers. It's aspirational without being out of touch, offering real tools for those ready to move from consumption to capital.



The third pillar may be the most visually striking. A limited-edition collaboration with Volkswagen introduces three co-branded models. The Polo Vivo MoFaya, Amarok and Golf 8.5 are each designed to reflect ambition, mobility and modern African success. Crucially, the partnership goes beyond aesthetics: a portion of proceeds will fund tertiary education registration fees for the 2026 academic year, seamlessly blending luxury with purpose.

This convergence is not accidental. DJ Sbu's career has always lived at the intersection of culture and commerce; from shaping South African radio at YFM, Metro FM and Ukhozi FM, to building MoFaya into a standout black-owned FMCG brand, and creating digital-first platforms like The Hustlers Corner SA Podcast. His ventures consistently translate influence into infrastructure.

What distinguishes this latest chapter is its cohesion. Music fuels culture. Property builds generational wealth. Mobility enables access. Education secures the future. Together, they form a lifestyle-driven but impact-led ecosystem that resonates with globally minded South Africans who want their success to mean something.

For a generation fluent in travel, fine dining, design and self-determination, DJ Sbu's three-pillar launch offers more than products. It offers a blueprint. One where aspiration is stylish, ownership is intentional, and success is measured not only by what you acquire, but by what you unlock for others.

Beauty
TIPS

Crowned in Summer

By Sarah Maeli

Summer is never neutral for Black hair. It lives at the intersection of culture and craft; styled for visibility, movement and intention. From city streets to coastal escapes, hair this season is less about trends and more about presence.

Natural hair and afros are worn sculptural and free, shaped to frame the face rather than follow rules. Locs are polished or purposefully undone and carry quiet authority, while braids remain a summer constant, blending function with undeniable style. Wigs have evolved into a form of fashion expression: natural textures, flawless hairlines and lightweight installs that mirror real hair energy. Relaxed styles, when chosen, are sleek and deliberate and proof that choice is the new luxury.

“Texture is the statement. Care is the flex.” Behind every look is a disciplined home ritual. Hydration and scalp health define summer haircare, anchored by heritage names like Aunt Jackie’s, Creme of Nature and Dark & Lovely, now used with a modern, mix-and-match sensibility. Local luxury steps confidently into the frame with Masodi Beauty, Jabu Stone and Moisture Factory, offering oils and treatments designed for sun exposure, travel and recovery. For curl definition with edge, StasoFro delivers softness without compromise.

Men’s grooming follows the same codes. Clean fades, sharp lines and textured cuts meet elevated maintenance, with Legends Barber reinforcing hair and beard care as part of everyday self-respect.

“Black hair isn’t seasonal, it’s styled with intention.”

This summer, the aesthetic is effortless but never accidental. Black hair moves between luxury and street with ease; rooted in culture, refined through care, and worn without apology.

Beauty Editor’s Summer Hair Kit
For Moisture & Definition

- Aunt Jackie’s Curl La La – soft definition without crunch
- StasoFro Leave-In Conditioner – everyday hydration for curls and coils

For Strength & Shine

- Creme of Nature Argan Oil Range – lightweight nourishment for all textures
- Dark & Lovely 3-in-1 Treatment – classic care, modern formulation

For Scalp & Recovery

- Masodi Beauty Hair Oil – luxury oils designed for textured hair health
- Jabu Stone Growth & Repair Treatment – ideal post-braids, post-travel

For Grooming & Finish (Men)

- Legends Barber Hair & Beard Products – precision care for fades, locs and beards

Tech Trends

**EXPLORING THE LATEST INNOVATIONS
AND BREAKTHROUGHS SHAPING THE
DIGITAL LANDSCAPE.**

Trimestral Trends

by BraamVibes

Introducing
the new
Samsung
Galaxy A56 5G





Samsung Galaxy A56 5G Review: A Compact Powerhouse with Smart Features and a Stunning Display

Over the past few weeks, I've had the chance to explore the Samsung Galaxy A56 5G inside and out. From its sleek design to its impressive performance, this device makes a compelling case for those looking for a mid-range phone that doesn't compromise on features. It's noticeably slimmer, by 0.8 millimetres, and lighter, shedding 15 grams compared to its predecessor, all while maintaining a high-quality build with Gorilla Glass Victus+ on both front and back along with a solid aluminium frame.

One of the first things that struck me was the screen. The big 6.7-inch Super AMOLED display offers vibrant colours and sharp details, making every photo, video, or game look breathtaking. What's better still is its peak brightness of 1200 nits, which means you can see everything clearly even under direct sunlight.

Smooth scrolling and responsive interactions are assured thanks to the 120Hz refresh rate, which makes everything feel seamless. Samsung's latest One UI software, built on Android 15, is packed with smart AI features. Circle To Search now recognises music and instantly translates on-screen text, perfect for multitasking or travelling, while extensive customisation options let you style the interface your way. Google Gemini AI further enhances responsiveness with smarter interactions.

Underneath, the device incorporates a flagship-level cooling system, featuring a vapour chamber that's 15% larger, ensuring the phone stays cool, even during long gaming sessions or intensive multitasking. The camera system has also been upgraded, with a 50MP wide lens capturing sharp, vibrant images. Features like Best Face help you pick the brightest smile in group shots, and Instagram-inspired Filters make it easy to style photos creatively.

The Object Eraser tool is surprisingly effective at removing distractions, whether it's a photobomber or an unwanted object in the frame. The phone's battery, a hefty 5000mAh, comfortably lasts a full day, supported by 45W fast charging, which can bring the battery from zero to 65% in about half an hour. Audio is another highlight, thanks to stereo speakers that deliver crisp, balanced sound, and the Voice Focus feature ensures your call clarity remains high even in noisy environments.

The Samsung Galaxy A56 5G offers an impressive balance of design, display, performance, and thoughtful features that are aimed at the everyday user. Whether you're streaming, gaming, or capturing moments, this phone handles everything effortlessly. Based on what I've experienced, I'd rate it an 9.5 out of 10, a smart choice for anyone wanting a reliable, stylish, and feature-packed device at a more accessible price point.

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What I really liked about the Samsung Galaxy A56 5G is its exceptional battery life. It comfortably lasts a whole day even with moderate to heavy use, whether you're streaming videos, browsing social media or gaming. And when it's time to recharge, the 45W fast charging gets you back to about 65% battery in just half an hour, which is brilliant for those busy days when you need a quick top-up. The phone feels premium too, thanks to the robust Gorilla Glass Victus+ and a sturdy metal frame that give it a refined look and a reassuringly solid feel.

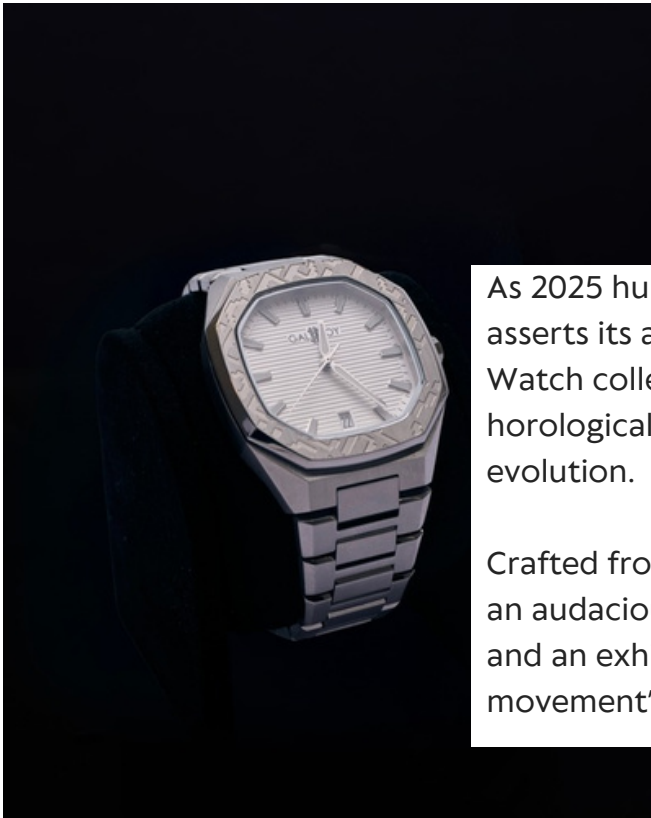
The display is another highlight, the large 6.7-inch Super AMOLED screen is bright and vibrant, making it easy to use outdoors even in direct sunlight. Scrolling through apps and websites feels smooth thanks to the 120Hz refresh rate, which really elevates everyday use. Video calls are also clear and crisp, especially with the handy Voice Focus feature that helps reduce background noise, making conversations easier to follow. All in all, it's a screen and sound experience that pleases without being over the top.



It's worth noting that the size of this phone means it's a bit wide for one-handed use, but if you're used to larger phones, it won't be too much of an adjustment. The camera takes beautiful photos with vibrant, natural colours, and the new AI-powered features like Best Face and Object Eraser add great value for casual snappers. While the charging brick isn't included, the fast charging support ensures you spend less time tethered to a plug.

Overall, I give the Galaxy A56 5G a strong 9.5 out of 10 for delivering a reliable, enjoyable experience at a very reasonable price point.

GXB COLLECTION REDEFINES LUXURY FOR A NEW GENERATION



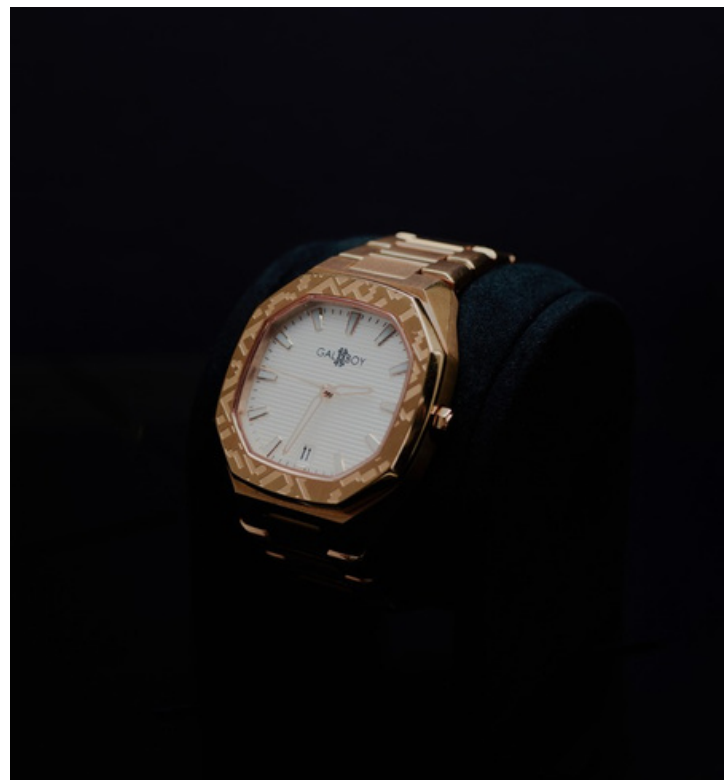
As 2025 hurtles towards its finale, Johannesburg's GALXBOY asserts its ascent into luxury's upper echelons with the GXB Watch collection, a masterful fusion of streetwise edge and horological precision that signals the brand's unyielding evolution.

Crafted from robust 316L stainless steel, these timepieces boast an audacious 8BIT-engraved bezel, a refined butterfly buckle, and an exhibition case back revealing the Miyota 8215 automatic movement's inner artistry.

"The GXB launch marks a defining pivot for GALXBOY," declares founder and creative director Thatiso Dube. "As promised earlier this year, we're expanding our luxury footprint. These aren't mere accessories; they embody craftsmanship, culture, and our next chapter."

For Trimestral Trends readers, GALXBOY's GXB cements luxury as dynamic inheritance: innovative, wearable, and poised to redefine horizons. With whispers of major 2026 collabs and cultural activations already brewing, this collection isn't just a timepiece, it's a timestamp on GALXBOY's global takeover, inviting the discerning to wear the future now.

With a 42-hour power reserve, 50-metre water resistance, and scratch-resistant sapphire crystal on both top and back, the GXB 012 Type X & Y models available in 38mm for men and 34mm for women, marry everyday resilience with timeless versatility. Extra links ensure a bespoke fit, transforming each watch into a personal statement.



EVENTS / ACTIVATIONS



EVENT HIGHLIGHTS: SHOWCASING
THE MOST EXCITING GATHERINGS,
CELEBRATIONS, AND EXPERIENCES
SHAPING OUR SOCIAL CALENDAR.



Spotify Wrapped Lights Up Pitori

Trimestral Trends witnessed Spotify's electric Wrapped party takeover at 012 Central, capping the streaming giant's city-to-city Fan Destination tour through Cape Town, Durban, Johannesburg, and the capital. Music lovers, influencers, and media gathered to relive South Africa's 2025 soundtrack in quintessential Pitori style.

The festivities opened with amagwinya street food infused with Darwin Rev's nostalgic Amagwinya Aphelile, spotlighting local genres from Ikompo and Bacardi to Pitori Rap, early amapiano, hip hop, and Afro soul. Performances ignited the night: CIZA's record-breaking Isaka, Focalistic's high-voltage set, Mawhoo's anthemic Bengicela, Makhadzi's show-stopping energy, plus Pabi Cooper, Janesh, Sia the Bee, and JAZZWRLD x Thukuthela. HypeNation's stage delivered rap, hip hop, drill, and trap cyphers, with Uber discounts ensuring safe travels.

"Wrapped reflects real stories, artists, and neighbourhoods," noted Phiona Okumu, Spotify's Head of Music for Sub-Saharan Africa. "These events deepen connections from Pretoria's dance floors to global playlists."





L'Occitane Illuminates the Festive Glow



Trimestral Trends stepped into Provence's luminous embrace at L'Occitane en Provence's elegant holiday celebration, where golden light danced with the brand's timeless beauty rituals. Guests savoured the radiant soul of the South of France through sensorial experiences blending festive magic, Provençal heritage, and acts of generosity: perfumes evoking lavender fields, opulent skincare unveilings, and heartfelt gifting moments that captured the season's true elegance. A masterful fusion of luxury and luminosity, reaffirming L'Occitane's artistry in every shimmering detail.



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By BraamVibes

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