

# Trimestral Trends

by BraamVibes

LUXURY . TRAVEL . LIFESTYLE



Thandolwethu  
Zondi  
ACTOR

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# Table of Contents

**04**

## **FOUNDING EDITOR'S NOTE**

Welcome to our 2nd Issue

**05**

## **LUXURY TRAVEL**

The Kitchen Garden: A Contemporary Farmhouse Retreat in the Cradle of Humankind

**08**

## **COVER STORY**

Thandolwethu Olly Zondi: South Africa's Rising Star of Stage and Screen

**11 - 18**

## **LIFESTYLE / TECH TRENDS**

- Cellaring for the Season: Essential South African Wines for Winter 2025
- Samsung Galaxy Ring: Redefining Wellness Wearables with Seamless Integration
- South Africans Invited to Name the New Volkswagen Golf in Groundbreaking #NameThisGolf Campaign

**19**

## **EVENTS**

- Pink Mama's Official Opening: A Taste of Italy Comes Alive in Johannesburg
- From Mzansi to the World: Savanna Crowned World's #1 Cider by Volume and Value for 2024

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# From the Editor

Sello Ramosepele

Welcome to the second issue of Trimestral Trends by BraamVibes. It's incredible to reflect on how far we've come since the early days of the BraamVibes website back in 2013. What started as a simple online space has grown into a community of over 2,000 subscribers, all eager for fresh perspectives on luxury, travel, and lifestyle. This magazine is the next step in that evolution—offering something more substantial and thoughtfully curated every quarter.

Building on the energy of our first issue, this edition dives deeper into the trends and experiences shaping modern luxury living. Our aim is to keep delivering content that not only informs but also inspires and connects with those who appreciate quality and innovation. Thanks for being part of this journey—there's plenty more to come.



# Travel

The Kitchen Garden: A Contemporary Farmhouse Retreat in the Cradle of Humankind



# Where Heritage Meets Modern Simplicity

BY SELLO RAMOSEPELE  
PHOTOGRAPHY: Perfect Hideaways

Tucked away in the heart of the Cradle of Humankind a UNESCO World Heritage Site just 45 minutes from Johannesburg—lies The Kitchen Garden, a contemporary farmhouse that redefines what it means to escape.





*Designed by architect and owner Lee de Wit, this hideaway is more than just a place to stay; it's a living, breathing celebration of sustainability, simplicity, and the deep roots of South African history.*

Lee's vision was clear: to reimagine an existing farmhouse using as many original materials as possible, while forging a seamless connection with the organic kitchen garden that envelops the house. "It was an ecological exercise on a grand scale," Lee explains. "We tried to make do with what we had, albeit slow and painstaking." The result is a home that feels both ancient and utterly modern, grounded—quite literally—by giant granite boulders brought in from the farm where Lee grew up.

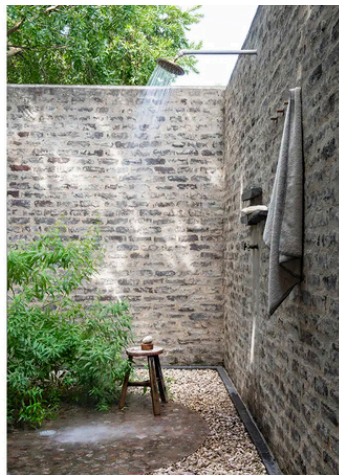
Step inside and you're greeted by a double-volume, open-plan kitchen where stone, wood, and glass converge. Jacaranda ceilings, eucalyptus floors harvested from the farm, and upcycled tiles lend warmth and character. The kitchen is the heart of the home, with grand windows framing views of lush green trees and inviting the outdoors in.

The decision to place the house within a kitchen garden was both practical and philosophical. Far from the nearest shops, the garden ensures a steady supply of fresh produce and echoes the home's commitment to minimal waste. "Our commitment to less waste is carried through in every way," says Lee. The boundaries between architecture and landscape blur, immersing guests in the beauty of their surroundings.

Days here start with yoga on the roof terrace, where the only ceiling is the sky, and end with stargazing under a canopy of stars. Outdoor showers, inviting daybeds, and meditative corners encourage you to pause, breathe, and reconnect with nature—and yourself.

### **Explore the Cradle**

Beyond the farmhouse, the Cradle of Humankind offers a wealth of experiences. Discover the ancient secrets of our species at world-class museums, or marvel at the fossils of Mrs Ples and Little Foot—distant relatives of all humankind. Adventure seekers can embark on game drives, soar above the landscape in a hot-air balloon, or wander the neighbouring Nirox Sculpture Park, a haven of art, cultivated gardens, and waterways. Here, more than 50 permanent installations by international artists dot the landscape, and the park hosts concerts, performances, and ever-changing exhibitions.



### What Makes It Special

- The Kitchen: A chef's dream, where giant boulders and A-frame windows make cooking an immersive experience.
- Eco-Conscious Design: Upcycled materials, local eucalyptus wood, and a kitchen garden that feeds both body and soul.
- Wellness Retreat: Yoga at sunrise, forest 'bathing' from your bed, and stargazing at night.
- Art and Culture: Proximity to Nirox Sculpture Park and its vibrant arts programme.

### TRAVEL NOTES

- Getting There: Just 45 minutes from Johannesburg or Pretoria, and 20 minutes from Lanseria Airport.
- Dining Out: If you can tear yourself away from the kitchen, the nearby "And Then There Was Fire" restaurant offers wood-fired grills and tapas.
- Perfect Hideaway: The Kitchen Garden is featured in "Perfect Hideaways in South Africa: Book 3," a curated collection of the country's most exceptional escapes.

#### The New Narrative of Travel

In a world where travel is increasingly about meaningful experiences and regenerative choices, The Kitchen Garden stands out as a sanctuary that honours both the past and the future. Here, simplicity isn't about going without—it's about having just enough, and realising that's all you ever needed.



## Trimestral Trends

**"Seek the Lord first, keep praying, and put yourselves out there. Don't be afraid to create your own opportunities—film your daily life, perform skits, and keep auditioning. It's all part of the journey."**





**Thandolwethu Zondi**

SOUTH AFRICAN ACTOR

## Thandolwethu Olly Zondi: South Africa's Rising Star of Stage and Screen

In this second issue of Trimestral Trends magazine, we shine a spotlight on Thandolwethu Zondi, a promising young actor whose journey into the world of performance is as inspiring as it is grounded in faith and determination. From humble beginnings to sharing the stage and screen with some of South Africa's most respected talents, Thandolwethu's story is one of perseverance, growth, and passion.

It all started on a quiet Sunday afternoon as Thandolwethu was returning from church with his mother. Just days earlier, he had completed a Zoom audition for a role on the Netflix series *Go!*. Although the audition went smoothly, the way the call ended left him uncertain—he felt he might not have gotten the part. But that Sunday, the call came through, confirming he had been cast as Siya Bolt Gumede. This role marked his professional acting debut and became a turning point in his life. Reflecting on the experience, he describes it as “the start of now Olly Zondi,” highlighting how the role pushed him to grow both as an actor and as a person.



Playing Siya Bolt Gumede was a deeply meaningful experience. The character was grounded and emotionally rich, challenging Thandolwethu to explore new depths in his craft. Working alongside seasoned actors like Dawn Thandeka King and Vusi Kunene was initially overwhelming, but their kindness and support helped him feel comfortable and confident on set. Their mentorship felt like a masterclass, especially in scenes where he portrayed his relationship with his on-screen mother—a dynamic that came naturally thanks to the clear guidance she provided.

Following the success of *Go*, Thandolwethu embraced theatre, taking on a significant role in the acclaimed play *My Children! My Africa!*, directed by Aubrey W. Sekhabi. The production ran from March 10 to 20, 2025, and featured Thandolwethu alongside veteran actor Mandla Gaduka. This powerful drama, written by Athol Fugard, is set during the final days of apartheid and explores themes of education, identity, and social change through the story of a black professor and his students. Thandolwethu portrayed Thami Mbikwana, a gifted but impatient township youth navigating the political turmoil of the era.



Preparing for this role required intense dedication. Thandolwethu mastered a Bantu accent and conducted thorough research to authentically bring Thami's character to life. The production's demanding schedule—three weeks of rehearsals followed by performances—allowed him to grow immensely as a performer. Sharing the stage with Mandla Gaduka and being part of such a historically significant play was both an honour and a profound learning experience.

Balancing his career and personal life, Thandolwethu shares a thoughtful approach: "When I'm working, I focus fully on the job. When I'm not, I try to rest and recharge." This balance helps him stay grounded and true to himself, even when portraying characters whose lives differ greatly from his own.

Looking ahead, audiences can look forward to seeing Thandolwethu in Shaka Ilembe Season 2, a project he describes as a great honour that delves into Zulu history and heritage. He also has a movie and a telenovela set to release later this year, where he plays Nyembezi, who is Liyana's brother, alongside Luyanda Zuma, further showcasing his versatility and commitment to meaningful storytelling.

For young actors trying to break into the industry, Thandolwethu offers heartfelt advice: "Seek the Lord first, keep praying, and put yourselves out there." He encourages aspiring performers to create content about their daily lives, perform skits, and keep auditioning to develop their skills and gain exposure.

Beyond acting, Thandolwethu is a multi-talented individual. He studied sports management and was part of the Sharks Academy, where a 2021 social media interview helped raise his profile. During his studies, he also worked in community radio, sharpening his communication skills. His talents extend to singing—he once performed at the World Choir Games—and he can mimic several accents, including British, American, and a touch of Russian. He has experience as a presenter and master of ceremonies. Despite his growing career, he remains deeply connected to his roots, having never travelled outside South Africa.

#### Five Fun Facts about Thandolwethu Zondi:

- He performed at the prestigious World Choir Games.
- He can mimic British, American, and a bit of Russian accents.
- He has experience as a presenter and MC, showcasing his versatility.
- Despite his rising fame, he has never been outside South Africa.
- He represented KwaZulu-Natal in football during the 2018/19 season.



Thandolwethu Zondi's journey is a compelling story of faith, hard work, and embracing every opportunity with humility and passion. His zest for authentic storytelling and respect for South Africa's cultural heritage position him as a bright light in the country's entertainment industry.

**"When I got that call, I felt like God was opening a door I didn't even know was there. It was the start of now Olly Zondi, and I knew I had to give my all."**



STORY BY SELLO RAMOSEPELE  
PHOTOGRAPHY LESOLE SNAP  
PRODUCTIONS





Discover the bottles every connoisseur should  
have on hand this season.



# Cellaring for the Season: Essential South African Wines for Winter 2025



As the South African winter draws in, it is time to refresh your wine selection with bottles that embody boldness, complexity and a genuine sense of place. South Africa's wine scene is dynamic and world-class, offering selections that are not only perfect for the season but also worthy of cellaring for years to come. Here is a curated list of premium South African wines that promise exceptional quality, ageing potential and the kind of depth that winter calls for.

With over three centuries of viticultural legacy, Vergenoegd Löw has been elegantly reawakened, blending sustainable philosophy with precision winemaking. The 2023 Merlot is a testament to this ethos: a wine exuding warmth, generosity and polish.

## **Tasting Note:**

In the glass, expect a jewel-like garnet hue and aromas of ripe plum, wild strawberry and vanilla pod. The palate is silky, with red berry compote, a whisper of spice and velvety tannins—a smooth, rounded and persistent texture.

## **The Experience:**

Lush yet balanced, approachable yet refined, this Merlot is made for conviviality. It is ideal for sharing at a thoughtfully prepared meal or an intimate evening around the table.

## **Food Pairing Inspirations:**

- Classic beef or venison lasagne: savoury richness meets the wine's soft embrace.
- Free-range chicken lasagne with mushrooms and spinach: echoes the Merlot's subtle herbaceous notes.
- Vegetarian lasagne with a crisp green salad: allows the wine's freshness and finesse to shine.

## **Meerlust Rubicon (Stellenbosch)**

A South African Icon. A Global Standard. Rubicon is more than a wine—it is a statement. This Bordeaux-style blend is a benchmark of South African excellence, revered across continents for its elegance, structure and longevity.

## **Varietal Composition:**

Cabernet Sauvignon, Merlot and Cabernet Franc—meticulously harmonised.

## **Flavour Profile:**

A seductive tapestry of dark berries, cedarwood and exotic spice, all wrapped in fine-grained tannins. Balanced and beguiling, it leaves a lasting impression.

## **Winter Pairing Suggestions:**

- Braised lamb shank with rosemary and garlic mash: mirrors the wine's herbal nuance and velvety mouthfeel.
- Beef Wellington: complements Rubicon's robust structure.
- Aged Cheddar or Gruyère: elevates the wine's aged character post-dinner.

## **Raise a Glass to Winter**

No matter your palate, these South African wines—when enjoyed in moderation and paired with mindful hydration—promise to deliver both warmth and refinement as the winter chill sets in. Here is to a season of sophisticated sipping. May your cellar, and your spirit, remain richly warm

AN 8-PART DOCUSERIES

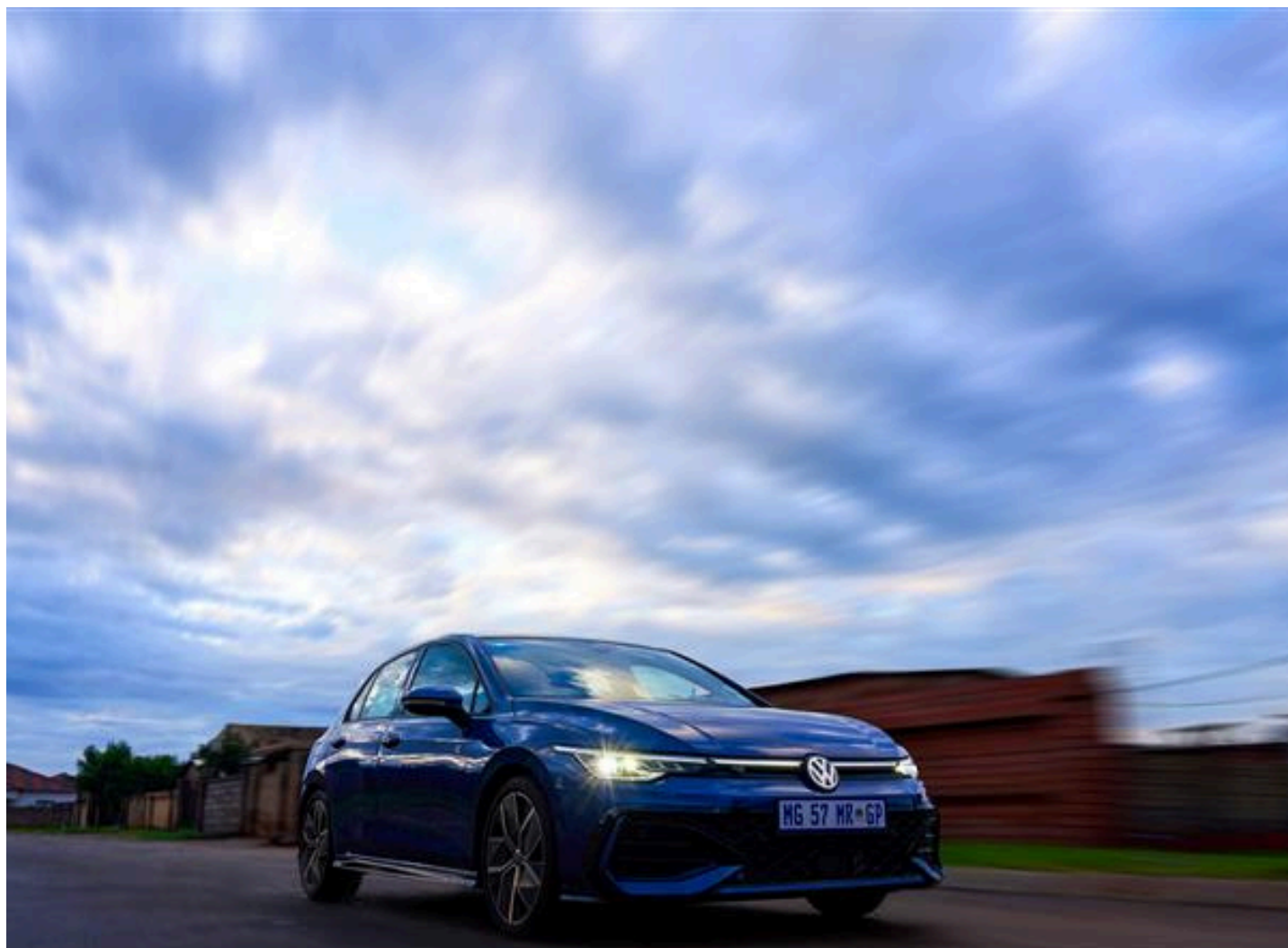
# FOREVER GOLF



FOR THE PEOPLE BY THE PEOPLE

POOBALAN "CHICO" NAIDOO   LUCKY SIPHO GULE   DARIAN WILLIAMS   WESLEY VAN RHEEDE  
GILLEAN LAUREN DE KOKER   AVISHKAR SINGH   SPHIWE NERDO SHABANGU





## **South Africans Invited to Name the New Volkswagen Golf in Groundbreaking #NameThisGolf Campaign**

BY SELLO RAMOSEPELE  
PHOTOGRAPHY:  
SUPPLIED

Volkswagen South Africa is inviting fans to help name the new Golf through its innovative #NameThisGolf campaign. Celebrating over 70 years of the Golf as a beloved South African icon, the campaign puts the power in the hands of the people to co-create a nickname for the latest model. This unique initiative unfolds through an eight-part docuseries, showcasing the journey of collaboration between the brand and its passionate community.

Participants can share their nickname ideas by commenting on episodes across Volkswagen's social media platforms using the hashtags #NameThisGolf and #ForeverGolf. This campaign marks a shift towards authentic engagement, making the Golf truly "The People's Car" and inviting South Africans to shape its legacy together. For more information and to watch the series, visit [vw.co.za/forever-golf](https://vw.co.za/forever-golf).



# Tech Trends

**EXPLORING THE LATEST INNOVATIONS  
AND BREAKTHROUGHS SHAPING THE  
DIGITAL LANDSCAPE.**



## Samsung Galaxy Ring: Redefining Wellness Wearables with Seamless Integration



Samsung's new Galaxy Ring is a game-changer in wearable technology, designed to elevate how users track and optimise their wellness. Unlike typical fitness trackers, the Galaxy Ring offers seamless integration with smartphones, especially within the Samsung ecosystem, but also supports other platforms with limited functionality. This means users can receive notifications, track basic health data, and enjoy core features regardless of their device, while Samsung Galaxy users benefit from enhanced connectivity with devices like Galaxy Buds, SmartThings, and Bixby for a truly interconnected experience.

Health and fitness tracking is at the core of the Galaxy Ring's capabilities. It syncs effortlessly with Samsung Health, Google Fit, and various third-party apps, allowing users to monitor a wide range of metrics from daily activity to sleep quality. Its advanced sleep tracking features stand out, providing personalised Sleep Scores and tailored recommendations based on individual sleep patterns. With snore detection and actionable insights, the Galaxy Ring helps users improve their sleep hygiene and overall wellbeing, making it more than just a tracker but a personal sleep assistant.

Samsung also commits to regular software updates, ensuring the Galaxy Ring stays current with new features, performance improvements, and security enhancements. Available now at Samsung stores, online, and through participating retailers at a recommended retail price of R7,999, the Galaxy Ring offers a sleek, smart, and evolving wellness companion for anyone looking to harness technology for better health.



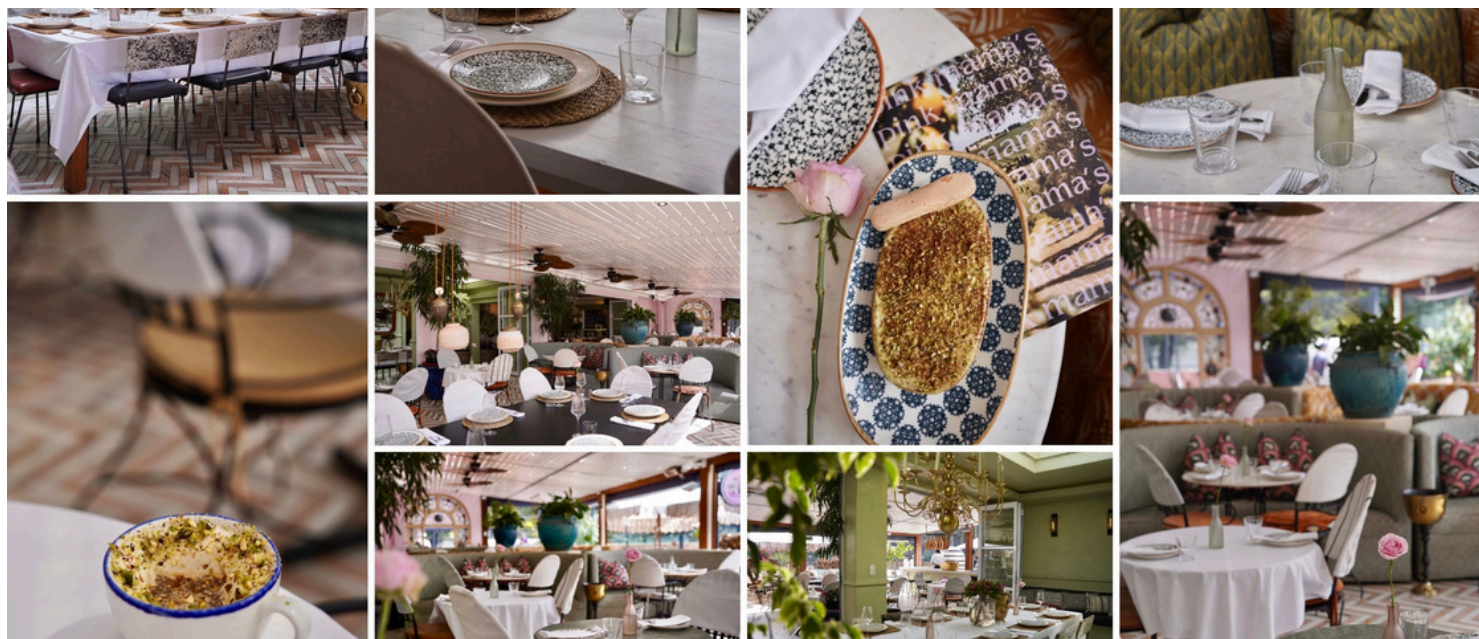


# EVENTS / ACTIVATIONS



EVENT HIGHLIGHTS: SHOWCASING  
THE MOST EXCITING GATHERINGS,  
CELEBRATIONS, AND EXPERIENCES  
SHAPING OUR SOCIAL CALENDAR.





## Pink Mama's Official Opening: A Taste of Italy Comes Alive in Johannesburg

Last month, we had the pleasure of attending the official opening of Pink Mama's, the newest culinary gem in Rosebank, Johannesburg. Set in a beautifully restored family home painted in their signature soft pink, Pink Mama's offers an irresistible blend of authentic Italian comfort food infused with vibrant South African flair. From the moment we stepped inside, the warm, inviting atmosphere made us feel as if we had been transported straight to the heart of Italy—right in the middle of Johannesburg.

The evening was a feast for the senses. We enjoyed a delicious array of dishes, from the indulgent 50-layered lasagna to the rich and hearty Rigatoni alla Zozzona, all crafted with the finest ingredients and inspired by years of European travels. Watching the chefs expertly craft pizzas in their hand-built ovens was a highlight, especially when paired with Pink Mama's signature pistachio affogato—a perfect balance of flavour and experience. The cocktails were equally impressive, with classic Aperol Spritz and zesty Limoncello adding a festive touch to the night.

Pink Mama's is more than just a restaurant; it's a vibrant social hub where Italian tradition meets South African hospitality. With exciting upcoming events like Tuscan Spit Thursdays, intimate wine tastings, and live piano nights, Pink Mama's promises to be a must-visit destination for anyone craving authentic Italian cuisine in a relaxed, stylish setting. We left feeling full, happy, and already planning our next visit to this delightful new hotspot.





# From Mzansi to the World: Savanna Crowned World's #1 Cider by Volume and Value for 2024



Savanna Premium Cider, proudly South African, has been named the world's number one cider by volume and value in the IWSR 2024 report. Known for its crisp, dry taste and witty character, Savanna is enjoyed in over 60 countries, making it a true global favourite.

Since its launch in 1996, Savanna has grown into the largest cider brand worldwide, maintaining its unique South African identity while promoting responsible drinking. This achievement celebrates both the brand's quality and the loyal fans who helped it reach the top.





# ULTIMATE GIG GUIDE: BIG DAY OUT, HEY NEIGHBOUR & SPRING FIESTA 2025



**Dates:** Saturday 30 – Sunday 31 August 2025  
**Venue:** Legends Adventure Farm, Pretoria  
**Gates Open:** 12:00 PM – 10:00 PM  
**Tickets:** Day Passes, Weekend Passes & Camping available.

Big news for hip hop fans! UK rap sensation Central Cee is confirmed as the headliner for Day One of Hey Neighbour Festival. Known for his rapid rise and over a billion Spotify streams in a year, Central Cee is set to bring his unique style and energy to Pretoria.

- Two full days of music and vibes (no Friday rush!)
- International and local artists across genres
- Camping options for the full festival experience



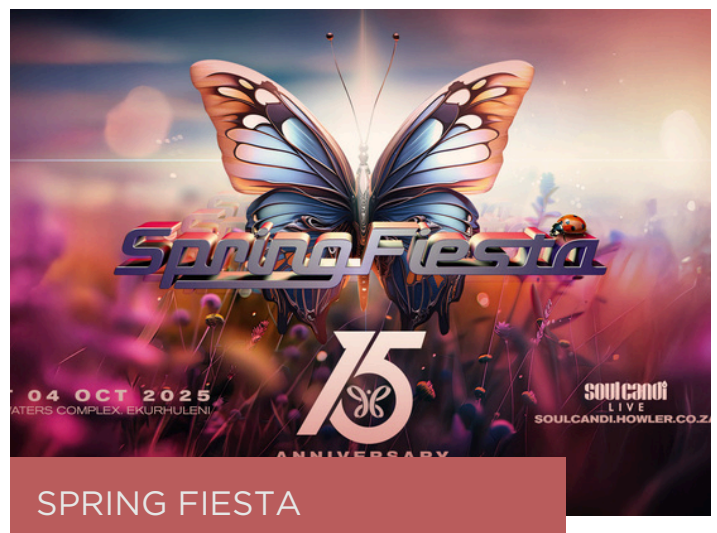
## BIG DAY OUT RETURNS!

**Date:** Saturday, 29 November 2025  
**Venue:** Huddle Park, Linksfield, Johannesburg  
**Time:** 12:00 PM – 10:00 PM  
**Tickets:** From R495

After last year's sold-out success, South African DJ legend Oskido brings back the iconic Big Day Out festival for its second edition. Expect a vibrant mix of:

- Legendary and fresh South African artists
- Genres: House, Kwaito, Amapiano, Hip Hop
- Curated food zones and interactive lifestyle experiences
- A celebration of SA's rich music heritage and culture

With over 5,000 festival-goers expected, this is your chance to relive the golden era of kwaito and groove to timeless house beats under Joburg's skyline.



## SPRING FIESTA

**Date:** Saturday, 4 October 2025  
**Venue:** Johannesburg (venue details TBA)  
**Tickets:** Available now

**Spring Fiesta marks its 15th anniversary** with a spectacular lineup headlined by The Layabouts featuring vocalist Imaani. Known for their deep soulful house and the hit "Found My Light," they bring nearly two decades of global dance music influence to the stage.

- Six uniquely curated stages blending House, Hip Hop, Amapiano, AfroTech & more
- Over 10,000 music lovers expected
- A celebration of culture, creativity, and community



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